



The RYA cruising schemes aim to give the potential Day Skipper sufficient information to make informed choices about their cruising; should we sail today given this forecast? Which berth should I choose when I get there?

This course is done in two parts. The first covers the theory and knowledge based training, such as meteorology, navigation, pilotage techniques and collision regulations; the second is putting this theory into practice in addition to developing the practical skippering skills of crew management, boat handling, practical pilotage and passage making.

The Course

- Information: locating and using information such as weather forecasts, tidal data or navigational information in the planning and execution of a passage
- Regulations and guidance: gain a working knowledge of the collision avoidance rules, marine pollution responsibilities and carriage of safety equipment requirement for small yachts
- Techniques: lean and plan the use of pilotage and navigation techniques, passage planning strategy and dealing with an emergency situation
- Preparation for sea
- Deck work
- Meteorology
- Rules of the road
- Maintenance and repair work
- Engine understanding
- Victualling
- Yacht handling under power
- Yacht handling under sail
- Night cruising

Course Duration

- Theory: 5 Days Shore-based work
- Practical: 5 days, 100 miles, 4 night hours on board a sailing yacht

Requirements

- Minimum age is 16

Classroom Requirements

- Note taking material
- Identification (either ID/ Passport)
- Laptop/tablet
- Sunglasses / cap for when we are on the yacht
- Clothes for the duration of the practical component of the course - check weather

Provided

- All tools and materials are provided for the practical elements of the course
- All food and Accommodation on board for the Practical component of the course, not the theory
- Tea and coffee



*For more information and booking contact info@synctraining.co.za
071 106 7047 / 083 735 6691*