



# UPSKILL EXTERIOR PACKAGE

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COMPETITIVE RATES APPLIED

For the seasoned Deckhand ready to upgrade their skills, the Superyacht Upskill Exterior Package is designed to transform you into an all-rounder that Captains rave about.

From Deck to Bridge to Engine, this comprehensive training boosts your versatility and makes you the go-to crew member any yacht would want.

Learn the ropes and master them all!  
Become the ultimate asset on board.



# WHO IS THIS COURSE FOR?

Already spent a season on deck and realised that Captains and Owners expect more from their crew?

This is for you. The SYNC Superyacht Upskill Exterior Package is tailored for those who want to level up and gain that competitive edge that puts you ahead of the rest. This is your recipe to thrive and become a go-to expert in every aspect of yacht operations.

MCA  
Approved  
Engine  
Course 1  
(AEC 1)

PADI Open  
Water Diver

# WHAT THIS COURSE COVERS

EDH -  
Efficient  
Deckhand

MCA Yacht  
Rating OR  
For an extra  
R3 900  
exchange this  
for the RYA  
Competent  
Crew Practical

# SUGGESTED ADD-ONS:

If you have done the RYA Competent Crew Practical, add the following:

RYA Day Skipper Theory

RYA Yachtmaster Coastal / Offshore Theory

RYA Day Skipper Practical

RYA Coastal Skipper Practical

RYA Yachtmaster Prep and examination for Offshore

Mileage building

If you have done the MCA Yacht Rating, add the following:

IYT Master of Yachts 200 GT Limited or Unlimited

AEC2

OOW - Officer of the Watch

SEE DROPDOWNS FOR MORE INFORMATION

# MCA YACHT RATING

The Maritime and Coastguard Agency (MCA) is the British government department responsible for regulating the maritime affairs of the UK. As such, the MCA is very important in the yachting world because the vast majority of vessels are registered under the UK flag and any mega-yacht training that is not MCA-approved should be viewed with skepticism. The Yacht Rating Course is the lowest level of MCA-approved training and is the only MCA yachting certificate that can be issued to people with no relevant experience. Prospective employers will be assured that holders of this certificate have had approved training and are prepared to invest in preparing themselves for their future careers.

This course reduces the required time to apply for an MCA Yacht Rating from 6 months to 2 months as per MSN 1862. Six months after the MCA Yacht Rating COC is issued, candidates will be able to sit in the MCA Efficient Deckhand course.

## DURATION

5 days

# MCA YACHT RATING

## COURSE CONTENT

- Navigational Watch Duties
- Life-Saving and Fire Fighting Equipment
- Seamanship
- Code of Safe Working Practices
- Engine Watch Keeping Duties
- Pollution Prevention
- Knots, Bends, and Hitches
- Whipping and splicing
- International Safe Management Code
- Chartwork
- Rules of the Road
- Day shapes
- Lights and IALA A and B Buoyage system



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# MCA YACHT RATING

## ADVANTAGES OF MCA YACHT RATING CERTIFICATE:

- The certificate informs Captains that you have advanced deck skills
- You can now be included in the yachts safe manning requirement
- It shows that you are more responsible and can lead to higher salaries and also faster promotions
- It is a good introduction for students that want to do the EDH (Efficient Deckhand)

*NB: This course reduces the required time to apply for an MCA Yacht Rating from 6 months to 2 months as per MSN 1862. Six months after the MCA Yacht Rating COC is issued, candidates will be able to sit in the MCA Efficient Deckhand course.*



# PADI OPEN WATER DIVER

Ideal as an exciting new adventure to add to your skills as a Stew?

Why not dive into the amazing world of scuba diving with the PADI Open Water Diver course! This certification is recognized worldwide and opens doors to amazing diving opportunities. Plus, it's a great way to expand your qualifications to swim with guests and enjoy some incredible adventures in your free time!

Offered by a certified PADI 5 Star Dive Centre in Cape Town, this course is perfect for beginners and gives you the chance to explore the underwater world safely and confidently. It's the most popular diving course worldwide, and once you're certified, you'll be able to dive with a buddy up to 18 meters, rent equipment, book boat dives, and so much more!

Once qualified as a PADI Open Water Diver, you will be able to dive with a buddy down to 18 meters, rent dive equipment, book boat dives, obtain air fills, take additional classes, and even proceed to an Advanced Open Water Diver qualification.

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## DURATION

3 days of which 2 days are in the ocean

# PADI OPEN WATER DIVER

## COURSE CONTENT

- Day 1: Start with pool training to learn basic skills and get familiar with the equipment.
- Day 2: Your first real ocean dives! Practice your skills in a safe, controlled open water environment.
- Day 3: Two more ocean dives to perfect your skills, and by the end, you'll be a certified PADI Open Water Diver!



# PADI OPEN WATER DIVER

## DURATION

**3 days, 2 of which are in the ocean.**

- ❖ The course takes three days to complete.
- ❖ The days do not need to be consecutive (you have up to twelve months to complete the course), but we strongly recommend that you complete these days in close succession so that everything is fresh in your mind.
- ❖ Open ocean dives are weather dependent, and every effort will be made to accommodate your schedule within the timeframes of the course.
- ❖ Days typically start at 08h00 and finish around 16h00.



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# PADI OPEN WATER DIVER

## REQUIREMENTS

- Minimum age is 10 and you need to be in reasonable health.
- You can dive after completing the course, but make sure you don't fly within 24 hours of diving.
- The training school will request a medical questionnaire to be completed. If you answer "Yes" to any of the questions, you will need a letter from a medical physician clearing you for diving. If you answer "No" to all questions, no doctor's letter is required. Should there be an answer that is of concern to us, the Dive School reserves the right to ask for a referral to a dive physician and clearance from such a physician. For your safety and ours, honesty when answering these questions is of paramount importance.



# PADI OPEN WATER DIVER



## PROVIDED WHILST TRAINING

- All the gear you'll need, including wetsuits, fins, tanks, and more.
- This includes everything you need for the course – digital theory packs, gear rental, dive permits, final qualification certification, etc.

## THE FOLLOWING WILL BE PROVIDED

- Weight belt
- Cylinder
- Fins
- Wetsuit & hood
- BCD (buoyancy control device)
- Regulator
- Mask and booties
- Bathroom and hot shower facilities are available onsite.

### **Limitations**

- In line with recognised diving practice, dives may not occur if divers are to fly less than 24 hours after the dive time. Please do not book if you are not sure about the exact time of your flight.
- Do not book if you are not sure about your flight schedule status and/or dive qualification.



# EFFICIENT DECK HAND (EDH)

The Efficient Deck Hand (EDH) course is a theoretical and practical training program that teaches the skills and knowledge needed to be an effective deckhand on a ship. The EDH course is a requirement for all MCA certificates of competency, with the exception of Master 200.

This is also an integral part of the Able Seafarer and Officer of the Watch (OOW) certifications. A certificate of successful completion of an Efficient Deck Hand (EDH) Course is a requirement for the MCA Yacht Officer of the Watch (OOW) (3000gt) Certificate of Competency (CoC). Although candidates may sit the OOW oral exam beforehand, the EDH certificate must have been held for 18 months in order for the CoC to be issued. Similarly, although the EDH course can be attended beforehand, certain mandatory requirements must be met before an EDH Certificate may be issued.

## DURATION

5 days of theory and practical training and certificates are issued on the strength of the following criteria:

- Full course attendance
- Evidence gathered during the course
- Passing written examinations
- The demonstration of practical skills

Further information about the course requirements can be found in MSN 1862

# EFFICIENT DECK HAND (EDH)

## COURSE CONTENT

- Shipboard organization and operations
- Cargo work
- Safety and seamanship
- Rope and wire handling
- Anchors and mooring techniques
- Cargo hatches
- Cargo gear and rigging
- Gangway and pilot ladders
- Watchkeeping and other duties
- Basic painting and maintenance routines



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# MCA APPROVED ENGINE COURSE 1 (AEC 1)

From this course you start on the adventure of being a marine engineer on a super yacht. It is a theoretical course but includes practical demonstrations. The course will teach you about the environment you will work in, your responsibilities and a little about the equipment you will be responsible for.

## ***Purpose***

The aim of this course is to help you prevent and solve diesel engine failure.

Gives you awareness of the main systems of a marine diesel engine and the ability to prevent breakdown at sea & rectify defects not requiring workshop support.

Mechanical failure is the main cause of lifeboat callouts to yachts and this course includes basic maintenance and engine care which will prevent most cases of engine failure.

The course provides the first few steps of a long path to your Y4 qualifications, and becoming a Chief Engineer responsible for yachts up to 200 gt with equipment up to 1500 kW. You are welcome to refer to Merchant Shipping Notice MSN 1859 for more information.

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## DURATION

5 days

# MCA APPROVED ENGINE COURSE 1 (AEC 1)

## COURSE CONTENT

- Cycle of operation of 2 stroke and 4 stroke diesel and petrol engines
- Fuel
- Electrical
- Lubrication and cooling systems
- The combustion process
- Power transmission
- Hull fittings

Please note: Course cost for Cape Town is US\$950 and is payable according to the Exchange rate of the day.



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# GET IN TOUCH FOR MORE

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**For more information and  
booking contact:**

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