



SYNC

**ADVANCED
MASSAGE
THERAPIST**

www.synctraining.co.za

ADVANCED MASSAGE THERAPIST

This course is designed for individuals looking to develop skills in massage therapy, particularly for careers in the luxury yacht industry.

Professional Massage Training will expand your set skill with knowledge on instinctual and nurturing human touch because it is the most natural way to heal.

Massage therapies can be classified based on the areas they target, the pressure variations used, or the hand movements used.

This will enable you to apply for a position as a Stew and offer professional massages.



WHO IS THIS COURSE FOR?



Upgrading to an Advanced Massage Therapist Certificate as a superyacht Stew allows you to offer a wider variety of specialized treatments, such as Swedish massages, hot stone massages and pre-blend aromatherapy, tailored to meet the unique needs of high-profile guests.



These advanced skills not only enhance the luxury experience onboard but also position you as a more valuable crew member, often leading to additional income opportunities and roles on yachts with dedicated wellness facilities.



As wellness and relaxation become key priorities for superyacht guests, having advanced massage qualifications sets you apart in a competitive market.

WHAT THIS COURSE COVERS

- Swedish massage
- Hot stone massage
- Pre-blend aroma
- Introduction to Stew / Masseur
- Pre-course theory online
- 5 days in-class practical
- Certification will take place on completion of case studies



@superyachtstew_sync



GET IN TOUCH FOR MORE

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