



**SYNC**

**BASIC  
MASSAGE  
THERAPIST**

[www.synctraining.co.za](http://www.synctraining.co.za)

# BASIC MASSAGE THERAPIST

This course is designed for individuals looking to develop skills in massage therapy, particularly for careers in the luxury yacht industry.

Professional Massage Training will expand your set skill with knowledge on instinctual and nurturing human touch because it is the most natural way to heal.

Massage therapies can be classified based on the areas they target, the pressure variations used, or the hand movements used.

This will enable you to apply for a position as a Stew and offer professional massages.



# WHO IS THIS COURSE FOR?



For a Stew on board a superyacht, the certification is highly relevant as it enhances their ability to offer in-demand massage treatments to guests as part of their duties.

In the luxury yacht industry, guests often expect these services as part of the onboard experience, and having this certification ensures the stew can meet those expectations and add value to the yacht's service offering.



If you're looking for an active job that allows you to help people, the ideal position on board a superyacht is to be a Stew and have the ability to work with guests by applying pressure to manipulate the body's soft tissues and joints.



This treatment may help to relieve pain, heal injuries, relieve stress, and aid in the general wellness of your guests.

# WHAT THIS COURSE COVERS

- Swedish massage
- Introduction to Stew / Masseur
- Pre-course theory online
- 5 days in-class practical

Certification will take place on completion of case studies



@superyachtstew\_sync



# GET IN TOUCH FOR MORE

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For more information and  
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