



SYNC

PADI
OPEN
WATER
DIVER

www.synctraining.co.za

PADI OPEN WATER DIVER

Offered by a certified PADI 5 Star Dive Centre in Cape Town, this course is perfect for beginners and gives you the chance to explore the underwater world safely and confidently.

This is the most popular diving course worldwide, and once you're certified, you'll be able to dive with a buddy up to 18 meters, rent equipment, book boat dives, and so much more!

Once qualified as a PADI Open Water Diver, you will be able to dive with a buddy down to 18 metres, rent dive equipment, book boat dives, obtain air fills, take additional classes, and even proceed to an Advanced Open Water Diver qualification.



WHO IS THIS COURSE FOR?



Ideal as an exciting new adventure to add to your skills as a Stew or Deckhand?

Why not dive into the amazing world of scuba diving with the PADI Open Water Diver course!

This certification is recognized worldwide and opens doors to amazing diving opportunities.

Plus, it's a great way to expand your qualifications to swim with guests and enjoy some incredible adventures in your free time!



DURATION

3 days

WHAT THIS COURSE COVERS

- Day 1: Start with pool training to learn basic skills and get familiar with the equipment.
- Day 2: Your first real ocean dives! Practice your skills in a safe, controlled open water environment.
- Day 3: Two more ocean dives to perfect your skills, and by the end, you'll be a certified PADI Open Water Diver!



@superyachtstew_sync

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REQUIREMENTS

- Minimum age is 10 and you need to be in reasonable health.
- You can dive after completing the course, but make sure you don't fly within
- 24 hours of diving.
- The training school will request a medical questionnaire to be completed. If you answer "Yes" to any of the questions, you will need a letter from a medical physician clearing you for diving. If you answer "No" to all questions, no doctor's letter is required. Should there be an answer that is of concern to us, the Dive School reserves the right to ask for a referral to a dive physician and clearance from such a physician. For your safety and ours, honesty when answering these questions is of paramount importance.

PROVIDED WHILST TRAINING

- All the gear you'll need, including wetsuits, fins, tanks, and more.
- This includes everything you need for the course – digital theory packs, gear rental, dive permits, final qualification certification, etc.

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THE FOLLOWING WILL BE PROVIDED

- Weight belt
- Cylinder
- Fins
- Wetsuit & hood
- BCD (buoyancy control device)
- Regulator
- Mask and booties
- Bathroom and hot shower facilities are available onsite.

LIMITATIONS

- In line with recognised diving practice, dives may not occur if divers are to fly less than 24 hours after the dive time. Please do not book if you are not sure about the exact time of your flight.
- Do not book if you are not sure about your flight schedule status and/or dive qualification.



GET IN TOUCH FOR MORE

**For more information and
booking contact:**

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